



## Atheist to Zen: 5 Steps to Joyful, Peaceful Living (Paperback)

By Greg Kesler

Balboa Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Imagine experiencing continuous, peaceful living. Everyone has the inherent capacity to remain in a state of joy and serenity, regardless of circumstances. Peace resides at the core of all creation, it can never be uprooted, only covered up. This is an inspirational story of transformation from suffering to healing, followed by five methods you can use to bring joy into your daily life. Greg Kesler lived most of his life as an atheist, dwelling in the paralyzing fear of uncertainty. Afraid of living and afraid of dying, the only thing he believed in was struggling and forcing his way through life. In August 2011, Greg and two of his children nearly drowned in a river during a float tubing mishap. Being a non-believer in any higher power, the visitation from a loving, intelligent Presence under the water with them, came as quite a shock. This life-changing event, combined with another Spiritual encounter a year prior, radically shifted Greg's views of himself, other people, and the world around him. He's studying to be a Spiritual guidance counselor to assist people in...

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*This kind of book is every little thing and taught me to look ahead of time and a lot more. I am quite late in starting reading this one, but better than never. I found out this book from my dad and I encouraged this pdf to find out.*

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