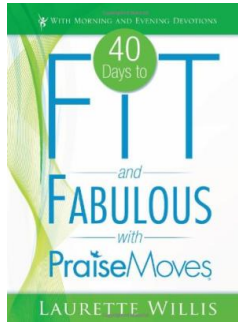


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Destiny Image Incorporated, United States, 2013. DVD Audio. Book Condition: New. 190 x 140 mm. Language: English . Brand New Book. Get Fit. Build Faith. Change Your Life. Sadly, statistics show that there are 50,000 - 100,000 yoga instructors offering classes in over 20,000 locations. This includes churches! It is time for believers to connect with the Lord using a fun and safe exercise program void of New Age influence. Christian fitness personality, Laurette Willis presents a custom exercise plan...

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- Authored by Laurette Willis
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