



## Wrestling Grandpa A Medley of Articles to Enlighten, Entertain and Aid Seniors

By Tait Trussell

Sozo Media Group. Paperback. Book Condition: New. Paperback. 184 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Wrestling Grandpa: The purpose of this book is to inform, entertain and help seniors understand themselves and developments that influence their lives as they advance in age. The reason I feel qualified to provide this information is that I am an old guy myself, have become intrigued with the day-to-day problems, thoughts, interests and even fears of seniors. And I have come to realize how much we are the same and yet how different we all are. One of the articles included in this collection is entitled Wrestling Grandpa. This mix of articles has been selected from more than 2,000 I have written. You will find subjects ranging from the links between religion and health to my interviews with Presidents, to ways to live longer and healthier lives. As a national award-winner writer, I've written on a variety of subjects for dozens of different publications. In Wrestling Grandpa, I have selected over 50 articles to inform and engage you. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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