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The Alcoholism and Addiction Cure: A Holistic Approach to Total Recovery (Paperback)

By Chris Prentiss

Power Press, United States, 2015. Paperback. Condition: New. Unabridged. Language: English . Brand New Book. THE ALCOHOLISM AND ADDICTION CURE contains the incredible three-step holistic programme to total recovery that is the basis of the miraculous success of Passages Treatment Centre. On this revolutionary CD you will learn: The three steps to permanent sobriety How to create a personalised holistic treatment programme to completely cure your dependency The four causes of dependency How your thoughts emotions and beliefs are key factors in your recovery How to stimulate your body s self-healing potential to be forever free of dependency. Freedom from dependency starts with understanding that alcohol and drugs are not the problems says Chris Prentiss author and cofounder of Passages. They are merely the substances you are using to help yourself cope with your real problems anything from hypoglycaemia or a sluggish thyroid to brain-wave pattern imbalances or deep emotional pain. Once your underlying problems are discovered and cured your need for drugs and alcohol will disappear - along with your craving. Prentiss should know. His son Pax was addicted to heroin cocaine and alcohol for ten years. They sought help everywhere but Pax relapsed again and again. In desperation...



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