



## Enjoy Real Mexican Flavors with Family!: Easy Mexican Dishes to Cook at Home (Paperback)

By Ted Alling

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Authentic Mexican Food: Easy and Flavorful Mexican Dishes to Cook at Home; Enjoy Real Flavors of Mexico with Family! Mexican food lovers often wait for weekends to enjoy their favorite meals in the top Mexican hotels in their area. Unfortunately, this outing can be a burden on their pocket. Now, there is no need to go out or wait for Mexican food because this cookbook has easy and delicious Mexican recipes. Some recipes include fresh vegetables and fruits. The bean is an important part of Mexican cuisine, and it is a soluble source of fiber. It keeps you full and decreases your cholesterol. Moreover, some recipes contain tomatoes and bell pepper. Both are healthy ingredients for everyone. With the help of these step-by-step recipes, you can prepare delicious Mexican cuisine in your own kitchen. The book offers: - Mexican Bread Recipes - Delicious Mexican Appetizers - Delicious Mexican Rice and Beans - Delicious Mexican Main Meals - Yummy Mexican Desserts - Special Mexican Drinks Read this book and try all 30 Mexican recipes for your family. These recipes will help you to...



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