

## TAPE-ME THE MAGIC HEALING: Your complete Guide to the Elite Taping Methods Techniques



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### **Reviews**

*This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Ms. Ora Buckridge)*

## TAPE-ME THE MAGIC HEALING: YOUR COMPLETE GUIDE TO THE ELITE TAPING METHODS TECHNIQUES



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 82 pages. Dimensions: 11.0in. x 8.5in. x 0.2in. Learn Taping, A Physiological Treatment Method that has been used successfully all over the world for decades to treat musculo-skeletal imbalances and reduce pain. In this course you will learn how to perform Taping on yourself and others. This book is designed for the Healthcare, Sports, and fitness Professional to help their clients to reduce pain, muscles spasm, and imbalance. In addition, this book is designed to help in the rehabilitation programs of the sports professional players before and after games in the unstable joints, ligaments, swelling soft tissue structures and more. This book is done by offering integrative skills that can be offered in the professional settings and at home. These techniques may also be used for education purpose only. You will receive this comprehensive book as well as a complete guide for the Elite Taping Techniques and Methods. You will receive this manual from your Taping Instructor, who has been in the healthcare and Sports industry nearly 16 years. He offers international experience, traveling all over the world and collecting the most tangible knowledge in the Taping techniques. He is able to give the Healthcare Professionals the power over their daily practice. Helping their clients with accelerating the healing process. This book designed to teach you how to use this magical tool to relieve musculo-skeletal pain and reduce the soft tissue pain, swelling, or dysfunction after trauma or injury. This tool known for years as Kinesio Taping, Kinesiology Taping, Kinesio tape, KT tape. However, this book will challenge you and gets you the most up-to-date Techniques and methods. The magical effects of applying this tape on your clients skin is a remarkable science. This tape is one of...



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