



100 Hearty Soups (Paperback)

By Debra Mayhew

Anness Publishing, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book. This title offers deliciously sustaining recipes for rich and creamy chowders, comforting broths and tasty one-pot dishes all shown step by step in 300 photographs. You can try spicy Indian Yogurt Soup, flavourful Squash, Bacon and Swiss Cheese Soup, refreshing Caribbean Soup, or Creamy Fish Chowder. Every soup has its own serving suggestion, from a scattering of herbs to cheese-topped French bread, a thick swirl of cream or drizzle of oil. It includes recipes for home-made fresh meat, fish and vegetable stocks to add depth and flavour to your soups. There are delicious ideas for seasonal soups that make the most of fresh vegetables and fragrant herbs, as well as exotic combinations of unusual ingredients. Soup is the ultimate convenience food for today's busy cook: it's quick to make, requires minimal preparation or effort, and in return offers a nutritious and filling meal. Whether your choice is for a nourishing meal-in-a-pot, a rich and creamy chowder, or a spicy dish for instant heat, this volume has 100 delicious recipes to suit all tastes and occasions. It is a celebration of substantial soups with tempting...

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