



Mandala Love Coloring Book: Enchanting Heart Mandalas to Lift Your Spirits, Relieve Stress and Spark Creativity (Paperback)

By Meri Kelly

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Escape to a world of peace and balance while you unleash your artistic imagination with the enchanting heart mandalas in Mandala Love! For hundreds of years, people have turned to mandalas to center themselves and create a deeper connection to the world around them. Now, you can turn your coloring experience into a vibrant message of love. Mandala Love offers 30 original, hand-drawn mandalas with a variety of hearts, some crafted for intricate coloring and others for simple, peaceful enjoyment. Each enchanting heart mandala has its own dedicated right-side page (on large format 8 1/2 x 11 paper) for ease of coloring. Created to Honor Caregivers Color Me Caring coloring books are created to celebrate family caregivers. Coloring is a way to keep a loved one company, and take care of yourself at the same time. And since coloring has been shown to relieve stress and anxiety, coloring is one of the few activities where you can care for yourself while you are caring for someone else. Your finished art can lift your spirits and remind you how amazing you are! Celebrate you...



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Reviews

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD

It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.

-- Dr. Celestino Spinka III

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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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