



When Brains Collide: What Every Athlete and Parent Should Know about the Prevention and Treatment of Concussions and Head Injuries (Paperback)

By Michael D Lewis MD

Lioncrest Publishing, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. There is nearly a 20 chance that you or someone close to you will suffer a concussion this year. Whether they are in a car accident, fall off their bike, or suffer a helmet-to-helmet hit at football practice, over 30 of such concussions will lead to long-term, potentially permanent disability. Even worse, many of these concussions are mild and go unnoticed and untreated. However, whether you are a concerned parent or an athlete worried about that recent or long-ago head injury, there is good news. The proper utilization of Omega-3 fatty acids and their nutritional potential to feed and cultivate the brain's biochemical environment can facilitate the concussion healing process, relieve symptoms without pharmaceuticals, and increase the chance for a happy and healthy future. Culminating a career spanning over three decades in the U.S. Army, Dr. Michael Lewis developed The Omega-3 Protocol, the military-grade brain injury treatment process for dealing with the concussive dangers of everyday life. Concussions are not always preventable, but they are treatable. Find out how to give yourself or your loved one the best chance at recovery from...



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